

Development Association for Integrated Activity (DAIA)
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Founder: Mr. Gell Joseph1945 - 2015

DAIA Newsletter March 2017

Dear friends and well wishers of DAIA,

Greetings from DAIA! We are thankful to God that He has enabled us through your support to complete two months in 2017 and to enter into the third month. With His help we look forward to doing even more effective service for PLHAs during this year. We are happy to contact you through this Newsletter of March 2017.

Visitors



Mrs. Betzie Samuel from the U.K., visited our herbal garden during her visit to India. She was delighted to see the herbal garden and the work of DAIA.

Care and support programme



Care and support programme was conducted on 17.02.2017 at DAIA campus. 16 old people participated and they were provided nutritional supplements. They returned satisfied with the support provided.

Herbal training



Tuition Teacher's Meet



Moringa soup demonstration

After explaining the values of moringa leaves, the preparation of moringa soup using moringa powder was demonstrated to 8 tuition teachers who participated. The staff members were actively involved and they took part in the programme with interest. They promised to teach the children what they have learnt.

Healthy natural foods

We have been promoting good food for PLHAs. However, it is becoming important for all people to know the best food that must be eaten on a regular basis. Here are 10 good foods that must be eaten regularly.

Tomatoes, greens including manathakkali (black night shade), garlic, mixed nuts including almonds (soaked overnight), broccoli or cauliflower or cabbage, curd, oats, small millets, oranges and seeds of varieties of beans.

There are also other foods that could be added which are good. These are sweet potatoes, avocado or butter fruit, and eggs. In subsequent newsletters we will go deeper into these foods.

Regular ongoing activities carried out during February 2017

During February 2017, 48 PLHAs were counselled. A Medical camp was conducted on 12th February 2017 and 47 patients were treated, and also provided nutritional powder to HIV/AIDs patients and their children. Life Skill Programmes were organized in the following places. Students, who attended, found the programme very interesting.

Date	Place	Topic	No. Of Students
06.02.2017	Child labour school	Family	10
14.02.2017	Tuition Centre	Family	10
16.02.2017	Caldwell College	Love	125

Please do not forget our needs for the medical camps. With the help of individual donors, we have managed to continue the medical camps providing essentials support only to the very needy PLHAs. Their need is real. Your personal help or introducing someone will help us to carry on DAIA's work to the PLHAs. We seek your prayerful and continued support.

This is an urgent unmet need on a long term basis. If you are aware of anyone who could contribute towards this valuable cause and need, please get in touch with the Director of DAIA so that she could follow up in meeting this need. We are giving our bank account numbers below for easy transfer of money. Please feel free to contact us for further information on our work.

Country	Bank Name	A/c name	A/c No. S/B	IFSC code
Within India	City Union Bank, Tuticorin	Development Association for Integrated Activity	085001000097607	CIUB 0000085
Overseas (FCRA A/c)	City Union Bank, Tuticorin	Development Association for Integrated Activity	085001000580660	CIUB 0000085

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